

FUZ-19 13 miles Flagpole to Lake Loop Plus Sperry

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| 0 mi | Start through parking lot |
| 0.18 mi | R at Ravendale Ln |
| 0.87 mi | L at Rockaway Dr. |
| 1.18 mi | R at Fisher Rd |
| 1.76 mi | L at Dalgreen Dr |
| <u>1.99 mi</u> | <u>Water at Dalgreen and Lake</u> |
| 2.02 mi | L at lake trail continue north |
| 2.63 mi | Stay on Lawther to NW Highway |
| 3.21 mi | Cross NW Highway on Lawther |
| 3.65 mi | R at Goforth Rd |
| 3.95mi | Cross under NW Highway to Lawther Rd. |
| <u>5.4 mi</u> | <u>Water at Big Thicket</u> |
| <u>9.13 mi</u> | <u>Water at trail and Garland Rd.</u> |
| 9.88 mi | R up to spillway dam |
| <u>10.96 mi</u> | <u>Water at T&P Hill</u> |
| 11.00 mi | L at W Lawther Dr |
| 11.05 mi | L at Lawther Dr |
| 11.24 mi | R at Westlake Ave |
| 11.84 mi | R at Wendover Rd |
| 12.03 mi | R at Sperry St |
| 12.75 mi | L at Anita St |
| 13.06 mi | R at Hillside Dr |
| 13.23 mi | Finish at Fuzzys |